

INTRODUCTORY WORKSHOPS

**A SERIES OF SHORT 2 HR SESSIONS
ON A RANGE OF DIFFERENT TOPICS**

To be held in the

Willow Tea Room, Sauchiehall Street, Glasgow

from 9.30 am to 11.30 am

**on various Saturday mornings in
February, March and April**

cost £15

**If you wish you may order an
optional coffee here beforehand
and/or lunch afterwards.**

Topics include:

**Love Yourself Heal Your Life
& Attract Prosperity
6th Feb**

**Colour In Your Life
6th March**

**Ordering From The Cosmic Kitchen
17th April**

Workshop Information

Creating Prosperity - how to use the principles of Louise Hay to expand your views on money and consciousness - 2 hr Workshop - Sat 6th February

This workshop will focus on understanding how our subconscious belief system impacts on the prosperity we receive in life. You will learn how to use visualisations and the Law of Attraction to create what you really want in life. You will also discover the techniques Louise Hay recommends to design your new abundant life through powerful positive affirmations which actually work.

Colour In Your Life - 2 hr Workshop - Sat 6th March

This workshop will look at how we respond to colour and the properties of colour to heal us and to simply make us feel good! We will work with colour through meditation & visualisations and use colour to create our own colour personality profile. We will have fun thinking about the colours we wear and the colours we surround ourselves with at home.

Ordering From The Cosmic Kitchen - 2 hr Workshop - Sat 17th April

Imagine that the Universe is like a Cosmic Kitchen with an Infinite Menu, just waiting to take and fulfill your orders. In this workshop, you'll learn how to effectively place YOUR orders with the Cosmic Kitchen and use the Law of Attraction to create what you want in your life!

- Discover the eight principles for creating your orders
- Apply them to career, relationships, health, and your home
- Learn why the Kitchen sometimes gives you lemons, and what to do when that happens.

TO BOOK A PLACE - simply send me an email to confirm your attendance.

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Thanks, Fiona.